

# HOW YOU CAN HELP IN GREATER DC

The Tahirih Justice Center is fueled by the power of many – our lifesaving work in communities, courts, and Congress would not be possible without individuals like YOU who are willing to stand up for justice.

Changes to national immigration policy have left the most vulnerable among us struggling to find safety, including Tahirih clients, for which the impact is immediate. Immigrant survivors of violence are too scared to call 911 to stop ongoing abuse. Women seeking asylum protection due to gender-based violence are up against greater odds as the government shifts policy day by day. And protections within the widely supported Violence Against Women Act (VAWA) are under threat. In this moment, how we each choose to engage will define us as a people.

**Join us in empowering and supporting immigrant women and girls in their fight for justice:**

**DONATE** to help us build our army of legal advocates! Through monthly giving, corporate matching, event sponsorships, naming opportunities, and more, you can transform the lives of courageous women and girls seeking safety. Increase your impact by taking it even one step further – share these giving opportunities with family and friends.

[tahirih.org/give](https://tahirih.org/give)

**SHOP** with a purpose! When you use Amazon Smile, .5% of your eligible purchase goes directly to Tahirih. Better yet, visit our Amazon Wish List to view a comprehensive list of items that Tahirih needs to help clients in Greater DC get back on their feet. With the click of a button, you can help a courageous woman or girl rebuild her life in the wake of violence just by shopping.

[tahirih.org/give/donate-now/shop-with-purpose](https://tahirih.org/give/donate-now/shop-with-purpose)

**CREATE** education kits to help women and girls pursue their dreams! Whether starting school, continuing collegiate education or taking English language courses, Tahirih clients will greatly benefit from donated backpacks, lunchboxes, notebooks, folders, student planners, printer paper, No. 2 pencils, pens, erasers, calculators, dictionaries, flash drives, highlighters, construction paper, and other school supplies.

**INTERPRET** for Tahirih clients at meetings with our legal and social service teams! You can help a woman or girl seeking justice hear from us in the language she is most comfortable – especially needed are French and Mandarin interpreters. If you are not available in person, you can translate documents and other important information remotely.

**ORGANIZE** a collection drive for Tahirih clients! Everything from clothing (underwear and socks must be new), shoes, feminine hygiene products, personal care items (shampoo, conditioner, deodorants, soap, toothpaste, toothbrushes, etc.), children's items (diapers of all sizes, wipes, etc.), children's clothes (daily wear, school uniforms), and nonperishable food items (rice, beans, pasta, cereal, etc.) are needed.

**FUNDRAISE** to support the work of Tahirih! Dedicate your next fun run, birthday, bake sale, lemonade stand, or car wash to providing protection for women and girls who need it most. And make it a community event by reaching out to your favorite eateries asking if they would be interested in donating a portion of their sales (for a day or a week or a month) to supporting Tahirih.

**GIVE** the gift of self-care to Tahirih clients! Theatre tickets, museum passes, movie tickets, sports game passes, massage vouchers, coffee gift cards - each of these can help women and girls take a mental health moment for themselves while they navigate this traumatic and challenging journey of seeking protection.

**WRITE** welcome signs or letters of support to Tahirih clients! Let them know that they are brave, they are strong, and they are not alone. This is a wonderful way for parents and teachers to educate children on immigration issues, encouraging them to get involved in their community early on.

**BUILD** a women's empowerment campaign! Tahirih clients need business attire for job interviews and court appearances. Ask your workplace, gym or apartment building to allow you to set up a donation drop box to collect these items for the women that we serve.

**PROVIDE** gift cards to Tahirih clients to help them navigate their new lives in the local community! Gift cards for stores such as Target, Kroger's, Walgreens, and others; pre-paid international phone cards; Metro cards and e-cards for LYFT or Uber to help clients get to medical appointments, mental health counseling, legal service consultations, or other important meetings.

**INVITE** Tahirih to your classroom, community center or place of worship to speak about the challenges that immigrant women and girls face when fleeing gender-based violence and the work of Tahirih to combat these challenges and empower these women!

**JOIN** Tahirih's Pro Bono Network of nearly 2,500 attorneys, doctors, psychologists, and other professionals donating their time and expertise! There are never enough resources to meet the needs of every survivor of violence who reaches out to us for help; your addition to our network is integral to ensuring Tahirih's high quality services are delivered to all clients.

➡ [tahirih.org/get-involved/our-pro-bono-network/](http://tahirih.org/get-involved/our-pro-bono-network/)

**CALL OR WRITE** your Senators and Representative to express your concern for women fleeing violence. Use the following script: "Hello. My name is \_\_\_\_\_ and I live in (City, State). I am calling to ask Senator/Representative \_\_\_\_\_ to support strong protections for courageous immigrant women fleeing violence and seeking safety in the U.S. Thank you."

➡ [callmycongress.com](http://callmycongress.com)

**FOLLOW** Tahirih on social media to stay engaged and informed on breaking news and ways to get involved! And, of course, share with your networks the multitude of ways they can give of their time, effort, money, and heart to support immigrant women and girls seeking access to justice.

Facebook and YouTube @ Tahirih Justice Center  
Twitter and Instagram @ TahirihJustice

Thank YOU for your ongoing support of Tahirih and the women and girls we serve! We look forward to working with you in the fight to end violence against women.