

## U Visa Sample Request for Therapist Letter

DATE

Ms. AAA  
ADDRESS

Dear Ms. AAA,

I am writing to request a declaration from you to support the immigration case of Ms. YYY, who is applying for a “U” visa, a form of relief available to immigrant victims of crime. This declaration is a letter that states what you know about Ms. YYY experience as a victim of crime and how the crime has affected her life. This letter will only be provided to the U.S. Citizenship and Immigration Services and to Ms. YYY. Your statement will make an enormous difference in Ms. YYY’ immigration case.

If you have knowledge of the following, please write a letter explaining:

1. Your professional background and whether you have other experience working with survivors of domestic violence, rape or sexual assault.
2. When you began seeing Ms. YYY, the circumstances under which you began working with her, and how frequently you meet with her.
3. Why you believe, based on your professional training and experience, that Ms. YYY has spoken truthfully and credibly.
4. Any information or details that Ms. YYY has provided to you regarding her marriage; and any verbal, emotional and physical violence that she endured.
5. Any information as to how this abuse and harassment (*relevant crime*) has affected Ms. YYY’s daily life.
6. A description (or diagnosis) of Ms. YYY’s current emotional and psychological state and her prognosis.
7. Please state in the final paragraph: “I declare under the penalty of perjury under the laws of the United States that the foregoing is true and correct to the best of my knowledge, information, and belief.”
8. Please sign and date the letter, including your mailing address.

Thank you so much for your assistance. Ms. YYY has given me written consent to discuss her case with you, and a copy of that confidentiality waiver can be obtained from my office upon request.

If possible, please return this letter to my attention within two weeks. I have provided a self-addressed, stamped envelope for your use. Please do not hesitate to contact me if you have any questions and concerns.

Sincerely,

Staff Attorney